

Kindergarten Education Program
Chinese Culture School-Based Learning Activities
Display Form

ELCHK Hing Man Nursery School

School Name

2025-2026

school year

N1 、 K1 、 K2 、 K3

grade

Activity records

Mid-Autumn Festival festivities

Activity Objectives

1. To understand the date, customs, and significance of the traditional Mid-Autumn Festival.
2. To explore traditional Mid-Autumn Festival foods through the five senses.
3. To share diverse cultural customs and foster an inclusive, caring school environment.

Activity Description

1. The school is decorated into different themed zones on the day of the Mid-Autumn Festival celebration.
2. Mid-Autumn Short Videos: Animated videos depicting traditional Mid-Autumn stories and nursery rhymes are played on TV to help children understand the date, customs, and significance of the festival.
3. "Lantern Fun Together" Activity: Children bring their chosen lanterns to school. During the activity, the lights are turned off while background Chinese music plays. Children turn on their colorful lanterns in the dark to enjoy the fun and appreciate each other's lantern designs.
4. "Mid-Autumn Mini-Games": Through a booth fishing game featuring Mid-Autumn flashcards and text, children learn about traditional festival foods and select their favorites to taste, such as mooncakes, pomelos, starfruit, and persimmons.
5. Traditional Mooncake Workshop: Children from N1 to K3 participate in making traditional mooncakes hands-on. The process includes measuring flour, kneading dough into mooncake skins, choosing fillings (lotus seed paste or custard), wrapping

the fillings in the dough, pressing them into molds, and finally baking them in the oven.

6. Parent-Child Riddle Guessing Activity: A variety of lantern riddles will be designed for children and parents to solve together, encouraging critical thinking and word comprehension.

Activity records (e.g., photos/videos of children's work or activities)



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Golden Horse Brings Auspiciousness to Celebrate the New Year

Activity Objectives

1. To deepen children's understanding of traditional Chinese culture through dragon and lion dance performances.
2. To help children understand the significance of eating Pun Choi (basin feast) and enjoy parent-child lunchtime together.
3. To foster an understanding among children of the importance of mutual respect in an inclusive culture.

Activity Description

1. N1–K1 children perform song and dance at the Hing Man Estate Basketball Court, while K2–K3 children participate in dragon and lion dances. Dressed as majestic lions and impressive dragons, the children are led by a classmate wearing a Big Head Buddha mask to perform various energetic dance moves. This activity introduces dragon and lion dancing as iconic Chinese folk arts, deepening their appreciation for traditional culture.
2. Families engage in interactive games to strengthen parent-child bonds and enhance social interaction skills with peers.
3. A slideshow presentation on Pun Choi (basin feast) teaches children its origin and cultural history, highlighting its symbolism of unity, completion, and harmony. Children learn about key ingredients—such as abalone, sea cucumber, roast goose, shiitake mushrooms, and pork skin—traditionally served to welcome guests and enrich festive celebrations. Tasting Pun Choi provides a special lunch experience for children and families to cherish their time together.
4. Non-Chinese speaking parents and students actively participate in Chinese New Year celebrations, gaining a deeper understanding of the meaning behind each activity.
5. Children learn about traditional Chinese New Year customs, including visiting Lunar New Year flower markets to discover various auspicious flowers and their meanings. Back at school, teachers

and students arrange festive flower displays together to take home as gifts, wishing their families good health

Activity records (e.g., photos/videos of children's work or activities)



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Activity records

Little traditional Chinese medicine doctor

Activity Objectives

- 1.To develop body awareness and self-care skills, and to build healthy habits in daily life.
2. To engage the five senses (hearing, sighting, smelling, tasting , and touching) through exploration and hands-on experience with Chinese medicinal ingredients.
3. To enable children to experience and inherit fine traditional Chinese culture.
4. To enhance disease prevention, improve physical health, and boost classroom focus through the practice of Ba Duan Jin (Eight-Section Brocade).

Activity Description

1. Integrate the Traditional Chinese Medicine principles of "regular daily routines and balanced eating" into daily life, teaching children to avoid overeating and consuming excessive cold or raw foods while cultivating healthy living habits from a young age.
- 2.Hands-on herb pouch making allows children to craft their own sachets while learning the names of various ingredients, such as French rose and lavender.
3. Making massage hammers, learning basic meridian points, experiencing gentle acupressure, and observing tongue coatings guide children to become more aware of their own physical condition.
4. Practicing Ba Duan Jin every morning helps young children stretch and relax their bodies while boosting their classroom focus.
5. Making snacks like steamed pears and mugwort rice cakes enhances children's sensory exploration through the five senses.

Activity records (e.g., photos/videos of children's work or activities)



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Activity records

Flag-raising ceremony

Activity Objectives

1. To cultivate and establish a sense of national identity and belonging in young children from an early age through flag-raising ceremonies.
2. To enhance children's sense of identity and belonging to the nation and its people.
3. To enable children to recognize the features of the National Flag, Regional Flag, and Regional Emblem, and to learn to sing the National Anthem.

Activity Description

1. On June 30, the eve of the Hong Kong Special Administrative Region Establishment Day, teachers played a video introducing the features of the national flag, regional flag, and regional emblem on campus television. This helped deepen young children's understanding of the country and fostered the development of their national consciousness and sense of national identity.
2. An introduction was given to explain that the Hong Kong Special Administrative Region Establishment Day commemorates the significant occasion when Hong Kong became a part of the People's Republic of China. This aimed to enhance children's sense of identification and belonging to the nation.
3. The lyrics of the national anthem were displayed to guide children in reading and understanding their content and meaning. The national anthem was then played, and teachers assisted in raising the flag. Everyone stood together and sang the national anthem loudly. During this process, they learned the proper etiquette to observe during the flag-raising ceremony and when singing the national anthem, such as

standing solemnly and steadily, maintaining a respectful and quiet demeanor to show respect.

Activity records (e.g., photos/videos of children's work or activities)



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Activity records

Gratitude and Growth: National Education Parent-Child Graduation Activity Day

Activity Objectives

1. To appreciate traditional Chinese virtues and deepen understanding of national culture through the activities.
2. To cultivate gratitude and appreciation, foster a sense of national identity, and prepare children for the transition to primary school through flag-raising ceremonies, Chinese filial piety story sharing, parent-child physical games, and Chinese art creation.

Activity Description

1. Children learn gratitude through a blindfolded parent-child game: guided forward by their parents, children learn to appreciate their parents' continuous companionship and guidance.
2. Storytelling centered on Chinese filial piety helps young children understand that filial piety is a traditional ethical virtue rooted in respecting and appreciating parents and elders.

Activity records (e.g., photos/videos of children's work or activities)

